Wellness Tour: Relaxation and Beauty

Walking: 6.3 km, 1 h 35 min

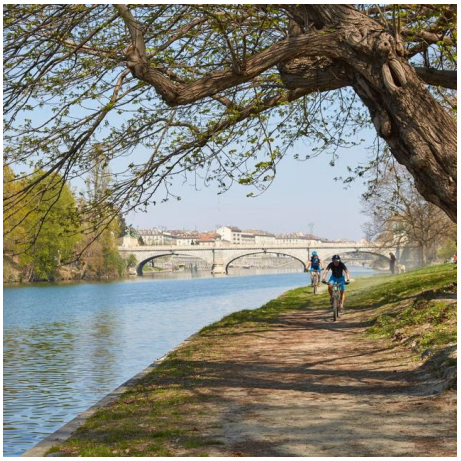
Turin isn't just a city to visit: it can also be a place to treat yourselves to a day entirely for yourselves. This itinerary alternates outdoor activity with the pleasure of brunch, curiosity about beauty rituals with the discovery of fragrances, and finally relaxation in the warm waters of the thermal baths. The common thread is well-being, without an overly tight schedule. In fact, the more you take your time, the more you'll enjoy the day.

The stops we're suggesting here are just the essentials. When you stay with us, you'll receive the complete itinerary, with step-by-step directions, practical information on how to reach each place and return, a voucher for a 10% discount at QC Terme and a small gift to round off the day.

Starting from Colazione da Augusta, you can enjoy yoga, fragrances and warm waters after a good night's sleep and one of our entirely homemade breakfasts. All while saving money compared with the rates offered by online booking operators.

Before setting out, we recommend checking the practical information and availability at each stop.

Along the Po



Yoga along the Po
The day begins outdoors, along the Po or on the paths of Parco del Valentino.
A green space where you can spend time on gentle movement or your own choice of exercise, surrounded by the peace of the morning.

Olfattorio Bar a Parfums



Olfattorio Bar à Parfums
A sensory experience centred on the sense of smell.
A space to discover artistic perfumes and scent compositions, much like a guided tasting.

Kippun Haru



Kippunharu and the world of K-Beauty
A stop dedicated to skincare and Korean beauty rituals.
A place to explore products, textures and routines designed for facial care and well-being.

Roses and tea



Brunch in the city centre: Roses & Tea
After waking up the body, a break dedicated to good food.
Cosy, thoughtfully designed surroundings, ideal for a leisurely brunch with sweet and savoury options in a relaxed atmosphere.

QC Terme



QC Terme Torino
The final part of the day is dedicated to relaxation.
Warm pools, soft lighting and an evening atmosphere to end the day with a focus on well-being.

These are the essential stops, but there's much more!

Book your stay at our B&B to receive:

The complete step-by-step itinerary

Our voucher for a 10% discount at QC Terme

Practical information box – How to get there and back

A little gift from us to round off the day on a pleasant note

By staying with us, you save compared with online booking platform rates, sleep well and enjoy entirely homemade breakfasts… and what's more, you can experience this Turin itinerary for yourselves, starting from the B&B and discovering yoga, fragrances and restorative waters along the way!

When you book your stay with us you receive the complete step-by-step itinerary, with directions to get there and back and tips on what to see.